

Seminar

on Thursday June 16th 2016, 16:00 (seminar room 1st floor)

Capabilities for active Lifestyle: An interactive knowledge-to-action approach

Prof. Dr. Dr. h.c. Alfred Rütten (Direktor des Instituts für Sportwissenschaft und Sport, WHO Kooperationszentrum für Bewegung und Public Health, FAU Erlangen-Nürnberg, Deutschland)

Since 2015, Prof. Rütten has been coordinating “Capital4Health”, i.e. a research and development network funded by the German Ministry of Education and Research (BMBF). The network aims to develop and research capabilities for active lifestyles as well as structural capacities. It is a regionally based, transdisciplinary consortium from research institutions, policy and practice partners. Five empirical subprojects develop, implement, and evaluate interventions among different age groups and among relevant professional target groups as well as capacities in relevant settings. Two cross-cutting projects, on (a) concepts and methods of capability development and interactive knowledge-to-action and (b) evaluation, aim to contribute to health promotion research in the fields of theory-building, methodological enhancement and evaluation. Policymakers, professionals and researchers cooperatively use a case-consultancy approach of interactive-knowledge-to-action at consortium level to support setting-adequate interventions that are transferable into routine services.



Alfred Rütten is director of the Institute of Sport Science and Sport (ISS) and head of the Division of Public Health and Physical Activity, at Friedrich-Alexander University Erlangen-Nuremberg, Germany. Since 2014, he has also been director of the first WHO Collaborating Centre on Physical Activity and Public Health in Europe. He received his Ph.D. in political science, sociology and sport science from RWTH Aachen University and his habilitation in sport science from the University of Stuttgart. He then served as research professor of sociology (UAB, USA), as professor of sport sociology (Chemnitz Technical University), and as visiting professor of public health (Yale University). In 2013 he received an honorary doctorate from the Lithuanian Sports University. From 2014 to 2015 he was visiting professor of public health at Stanford Prevention Research Center (Stanford University). He was one of the experts that developed the “European Physical Activity Guidelines” of the European Commission (2008), and has been involved in an EU initiative to foster the implementation of the Guidelines since 2013. He has served as a temporary advisor of WHO in various contexts (e.g. monitoring of physical activity, social inequality). Since 2014, he has been a leading scientific consultant for the development and implementation of the WHO European Physical Activity Strategy. On behalf of WHO, he also supports national governments in implementing such strategies at the national level.

Organisation: